



Help Me Grow Maine

A Family's Journey



STEP ONE

Contact Help Me Grow Maine through our website, 2-1-1, or calling.



STEP TWO

During this call, a resource specialist will give resources, support, and offer a developmental screening. If needed a resource specialist will refer the child to appropriate services.

If we missed your call, a resource specialist will reach out within 24 business hours.



STEP THREE

After support is provided, a resource specialist will follow up with a family 5, 25, and 60 days after to ensure their needs are being met.



STEP FOUR

The outcome of referrals will be provided to the medical provider of parent's choice.